

July 2025



MON	TUE	WED	THU	FRI
Operating Hours Mon: 8am – 5pm Tues: 8am – 5pm Wed: 8am – 3pm Thur: 8am – 5pm Fri: 8am – 12pm Sat & Sun: CLOSED	1 <u>Chair Aerobics</u> 9 – 10am <u>Pickleball</u> 9am – 12pm <u>Volleyball</u> 6 – 9pm	2 <u>Pickleball</u> 9am – 12pm	3 <u>Chair Aerobics</u> 9 – 10am <u>Pickleball</u> 9am – 12pm <u>Basketball</u> 12 – 3pm	4 Independence Day! 
7 <u>Pickleball</u> 9am – 12pm	8 <u>Chair Aerobics</u> 9 – 10am <u>Pickleball</u> 9am – 12pm <u>Volleyball</u> 6 – 9pm	9 <u>Pickleball</u> 9am – 12pm	10 <u>Chair Aerobics</u> 9 – 10am <u>Pickleball</u> 9am – 12pm <u>Basketball</u> 12 – 3pm	11 <u>Pickleball</u> 9am – 12pm
14 <u>Pickleball</u> 9am – 12pm <u>REFIT Revolution</u> 10am – 11am	15 <u>Chair Aerobics (EAST)</u> 9 – 10am <u>Pickleball</u> 10:30am – 1:30pm <u>Volleyball</u> 6 – 9pm	16 <u>Pickleball</u> 9am – 12pm	17 <u>Chair Aerobics</u> 9 – 10am <u>Pickleball</u> 9am – 12pm <u>Basketball</u> 12 – 3pm	18 <u>Pickleball</u> 9am – 12pm
21 <u>Pickleball</u> 9am – 12pm <u>REFIT Revolution</u> 10am – 11am	22 <u>Chair Aerobics</u> 9 – 10am <u>Pickleball</u> 9am – 12pm <u>Volleyball</u> 6 – 9pm	23 <u>Pickleball</u> 9am – 12pm	24 <u>Pickleball</u> 9am – 12pm <u>Basketball</u> 12 – 3pm	25 <u>Pickleball</u> 9am – 12pm
28 <u>Pickleball</u> 9am – 12pm <u>REFIT Revolution</u> 10am – 11am	29 <u>Chair Aerobics</u> 9 – 10am <u>Pickleball</u> 9am – 12pm <u>Volleyball</u> 6 – 9pm	30 <u>Pickleball</u> 9am – 12pm	31 <u>Chair Aerobics</u> 9 – 10am <u>Pickleball</u> 9am – 12pm <u>Basketball</u> 12 – 3pm	