

MON	TUE	WED	THU	FRI
	1 Chair Aerobics9 - 10am Pickleball9am - 12pm Evening Pickleball5 - 8pm	2 Pickleball9am - 12pm	3 Chair Aerobics9 - 10am Pickleball9am - 12pm No SportThis month	4 Evening Pickleball6 - 9pm
7 CLOSEDLabor Day	8 Chair Aerobics9 - 10am Pickleball9am - 12pm Evening Pickleball5 - 8pm	9 Pickleball9am - 12pm	10 Chair Aerobics9 - 10am Pickleball9am - 12pm No SportThis month	11 Evening Pickleball6 - 9pm
14 Pickleball9am - 12pm Basketball11am - 2pm Evening Volleyball5 - 8pm	15 Chair Aerobics9 - 10am Pickleball9am - 12pm Evening Pickleball5 - 8pm	16 Pickleball9am - 12pm	17 Chair Aerobics9 - 10am Pickleball9am - 12pm No SportThis month	18 Evening Pickleball6 - 9pm
21 Pickleball9am - 12pm Basketball11am - 2pm Evening Volleyball5 - 8pm	22 Chair Aerobics9 - 10am Pickleball9am - 12pm Evening Pickleball5 - 8pm	23 Pickleball9am - 12pm	24 Chair Aerobics9 - 10am Pickleball9am - 12pm No SportThis month	25 Evening Pickleball6 - 9pm
28 Pickleball9am - 12pm Basketball11am - 2pm Evening Volleyball5 - 8pm	29 Chair Aerobics9 - 10am Pickleball9am - 12pm Evening Pickleball5 - 8pm	30 Pickleball9am - 12pm	 ROC BASKETBALL REGISTRATION OPENS EARLY BIRD SEPT 1-30 \$100 EARLY BIRD + BONUS HOODIE	

TIME CHANGES

NOW OPEN @ 7:30AM

CLOSED 2 - 5PM

Monday through Thursday

REOPENING 5 - 8PM

Mon, Tue & Thu only

EVENING SPORTS

MONDAYVolleyball

TUESDAYPickleball

THURSDAYNo sport

FRIDAYPickleball

OPERATING HOURS

MON, TUE & THU

7:30am - 2pm | 5 - 8pm

WEDNESDAY

7:30am - 2pm

FRIDAY

6 - 9pm